

Overcoming Fear



II TIMOTHY 1:7-9

Introduction



- The spirit of power, love and sound mind are gifts related to the gift of the Holy Spirit and they are outgrowths of the operation of the HS in the life of a Christian
- Spirit of fear is not given by the Lord
- I Peter 5:8

I. The Setting of Paul's Writings



- In true respect to Paul's expression "the spirit of fear" , this letter was written from Rome while Paul was being held a prisoner and awaiting execution
- II Timothy 4:5-11

II. The Invitation Of Paul



- 2 Timothy 1:15 - Paul deserted by his friends
- Paul, felt alone and wanted Timothy to visit him
- 2 Timothy 1:8 - friends deserted him of his testimony for the Lord and for fear of persecutions
- Knew Timothy was fearful and so encourage him

III. The Encouragements Of Paul



A. God has not given the spirit of fear (timidity)

1. Natural fear
2. Necessary fear
3. Negative fear

• F –alse E – vidence A – ppearing R – eal



B. God has given the spirit of power

- Dunamis – dynamite
- Philippians 4:13, 1:16

C. God has given the spirit of love

- Agape – God’s affection and will towards us
- Romans 5:5, I John 4:18



- D. God has given us the spirit of a sound mind
- Not human soundness but mind regulated by the will of God
 - Isaiah 26:3

Conclusion



- Conquering fear is not a matter of self determination; it is a matter of dependence on God
- It is a matter of belief in His Words, His Promises and His Gifts
- It is a matter of recognizing the devil's pitiful attempts to cripple with fear and God's majestic grace to give Power, Love and Sound Mind.